

CERTIFICATE

OF PARTICIPATION

This is to certify that

Heidi Prinsloo

Has successfully participated & completed the

5km Konka Farm Run

held at Konka.

TIME 00:42:30

PACE 08:30/km

OVERALL 131 of 320

GENDER 78 of 203

40 - 49 12 of 35

31 August 2019, Sat

Date



